



CHCM ANNUAL REPORT, 2025

EXECUTIVE SUMMARY

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2025

marked a major milestone for Community Holistic Care Mulago (CHCM) as the organisation received its first external institutional funding from Seva Foundation. This support enabled CHCM to scale up its community-based health interventions and deepen its impact among informal sector workers and women in underserved communities in Kampala. During the year, CHCM implemented three key programmatic areas: eye health services for informal sector workers, maternal mental health advocacy and screening, and HIV prevention sensitization. Through these interventions, the organisation reached thousands of community members with essential health education, screening, and referral services, many of whom would otherwise face significant barriers to accessing care. Under the eye health Programme, CHCM delivered outreach-based eye health education, conducted eye screenings, provided prescription eyeglasses, and facilitated referrals for advanced care such as cataract surgery. These services directly contributed to improved vision, increased productivity, and reduced preventable vision-related complications among informal sector workers including carpenters, drivers, mechanics, and vendors. Through the maternal mental health initiative, CHCM conducted screenings for peri- and postpartum depression, provided counselling, and strengthened community awareness around maternal mental wellbeing. The programme contributed to early identification of mental health challenges, improved family support, and reduced stigma around maternal mental health in target communities. In addition, CHCM conducted HIV prevention sensitisation outreaches targeting both men and women in the informal sector, increasing awareness and demand for HIV prevention services such as PrEP, PEP, and condom use. The year was characterised by strong partnerships with community leaders, health facilities, civil society organisations, and private-sector actors. Despite operational challenges, CHCM remained committed to accountability, learning, and continuous improvement. As CHCM moves into 2026, the organisation is committed to strengthening integrated health services, expanding partnerships, and advocating for policy and system-level changes that promote eye health, maternal mental wellbeing, and occupational safety for informal sector workers.



MESSAGE FROM THE BOARD CHAIRPERSON

On behalf of the Board of Directors of Community Holistic Care Mulago (CHCM), I am pleased to present the 2025 Annual Report.

The year 2025 was a defining moment for CHCM. Receiving our first external funding from Seva Foundation was not only a vote of confidence in our work, but also a responsibility to strengthen our systems, governance, and accountability to the communities we serve. I am proud of the dedication and resilience demonstrated by the CHCM team in translating this support into meaningful community impact.

As a Board, we remain committed to providing strategic oversight, strengthening organisational governance, and ensuring that CHCM continues to operate with integrity, transparency, and effectiveness. We recognise that the health challenges faced by informal sector workers and women require sustained, collaborative, and tailored community-driven solutions.

Looking ahead to 2026, the Board is committed to supporting CHCM to scale its impact, strengthen partnerships, and enhance its institutional capacity. We believe that with continued support from partners and stakeholders, CHCM will continue to contribute to healthier, more resilient communities.

I extend my sincere appreciation to our donors, partners, community leaders, staff, and volunteers for their invaluable contributions throughout the year.

Mr. Kasakuru Bedah
Board Chairperson





MESSAGE FROM THE CHIEF EXECUTIVE OFFICER

The year 2025 was a period of growth, learning, and transformation for Community Holistic Care Mulago (CHCM).

Receiving our first external funding from Seva Foundation was a moment of immense pride. The memories of the interview, signing of the FA, her visits and all the engagements that happened remain fresh in our minds. The support marked a significant transition for CHCM, from small-scale community activities to more structured and impactful programming.

With this growth came new responsibilities and challenges, but the team and I were eager to learn, grow, and remained deeply committed to serving the community.

Throughout the year, CHCM implemented eye health outreaches for informal sector workers, conducted maternal mental health advocacy and screening, and carried out HIV prevention sensitization activities. These interventions enabled us to reach individuals who often remain invisible within the formal health system, yet play a critical role in the social and economic fabric of our communities.

We gained valuable lessons on the importance of integrated service delivery, building community trust, and maintaining continuous engagement with local leaders and partners. will continue to guide our programming and organizational development in the years ahead.

I extend my sincere gratitude to Seva Foundation for their trust and partnership, to our Board for their guidance, to our partners and community stakeholders for their collaboration, and to the CHCM staff and volunteers whose dedication made our work possible.

As we move into 2026, I remain committed to learning and strengthening CHCM's capacity to serve informal sector workers especially in the field of maternal mental health, eye care and HIV prevention.

Chief Executive Officer- Janepher Kadondi
Community Holistic Care Mulago

ABOUT COMMUNITY HOLISTIC CARE MULAGO (CHCM)

Community Holistic Care Mulago (CHCM) is a women-led community-based organisation founded in 2019 in Kampala, Uganda. The organisation initially began as a community savings group and later transitioned into a registered community-based organisation responding to identified health and wellbeing needs within underserved communities.

CHCM focuses on improving the wellbeing of individuals and families working in the informal sector through community-based, preventive health interventions.

Vision: A society where all people in the informal sector enjoy good eye health, mental wellbeing, and equitable access to quality care and support for themselves and their families.

Mission: To improve the wellbeing of individuals and families working in the informal sector by providing accessible eye care, promoting maternal mental health, and advancing advocacy and community-based support systems that foster health equity and dignity.

Core Program Areas

- Eye Health Services
- Maternal Mental Health Screening, Support, and Advocacy
- HIV Prevention Awareness and Sensitisation
- Advocacy for the wellbeing of the informal sector workers

PROGRAMMES IMPLEMENTED, RESULTS, AND IMPACT

1. SSI NTONDO: Do Not Normalise Postpartum Depression

This project focused on raising awareness about peri- and postpartum depression and its effects on mothers, children, families, and communities. Implementation took place in Mulago II Parish and targeted women working in the informal sector. The intervention combined community awareness, screening, counselling, referrals, and advocacy for maternal mental health.

Key Results

- **Women screened for peri/postpartum depression:** 35 women
- **Identified with peri/postpartum depression:** 15%
- **Counselled:** 90%
- **Referred for specialised care:** 10%

Outcomes and Impact

- Early identification and prevention of worsening maternal mental health conditions
- Improved nutritional practices among mothers living with postpartum depression
- Strengthened family and social support systems

Advocacy and Awareness

- 10 community outreaches conducted
- 18 social media awareness posts published that reached more than 200 people-Social media data analysis.

As a result of this advocacy work, CHCM was invited to serve as a member of the Kawempe Division Human Rights Committee supported by UGANET, strengthening the organisation's role in maternal mental health advocacy at the local governance level.



Photo caption: Janepher, CHCM Team Leader, conducting a postpartum depression and anxiety screening during a community outreach.

2. HIV Prevention Sensitisation

This project aimed to increase awareness and knowledge of HIV prevention among women and men working in the informal sector. Activities focused on health education and community engagement to encourage safer practices and increased demand for prevention services.

Key Results

- 5 community outreaches conducted
- 100 individuals reached with HIV prevention education

Outcomes and Impact

- Increased awareness of HIV prevention methods, including PrEP and PEP
- Increased community demand for access to comprehensive HIV prevention services

The project highlighted the need to move beyond sensitization towards service delivery. In response, CHCM plans to partner with established HIV prevention implementing organisations such as TASO in 2026 to expand access to HIV prevention services within these communities.

3. Bringing Eye Care Closer to Informal Sector Workers (Ongoing until April 2026)

This ongoing project aims to improve access to comprehensive eye care services for informal sector workers through community-based outreach, screening, treatment, and referral.

Key Results (Mid-Term Performance)

Indicator	Annual Target	Bi-annual target	output	Annual achievement	Bi-annual achievement
Health education on eye health	6328	3164	3200	50.6%	101.1%
Diagnosed with eye conditions eg. Trauma, conjunctivitis etc.	3328	1664	2078	62.4%	124.8%
Identified with refractive errors	0	0	450	100%	100%
Provided with eye glasses			150		
Identified with cataracts	30	15	17	56.7%	113.3%
Linked to the hospital for surgical interventions	30	15	1	3.33%	6.7%

Impact

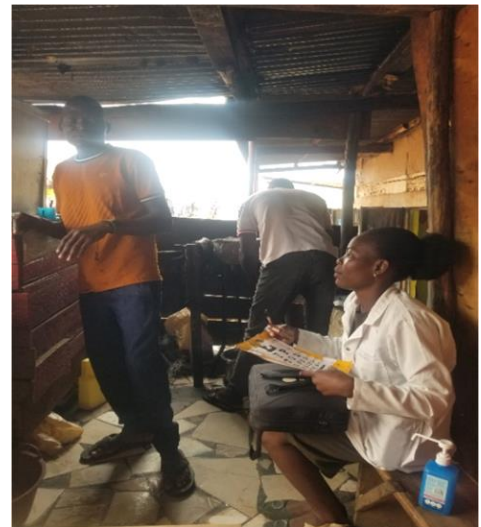
- Improved vision and reduced visual impairment among beneficiaries
- Increased work efficiency and productivity among informal sector workers
- Reduced time and cost associated with long queues at public health facilities

Outreaches in photos



“Photo taken on 8 October 2025 during activities commemorating World Sight Day, marked on 9 October 2025.”





Some of the photos of the different outreaches conducted among the carpenters, food vendors, washing bays, shops/ merchandises etc.

Impact Story

Kato – Carpenter

Kato, a carpenter, experienced declining work productivity due to poor vision, often injuring his hands while working. During an eye screening outreach, his colleagues confirmed that he struggled to see near objects, a critical requirement for carpentry work. Through funding support from Seva Foundation,

CHCM provided Kato with prescription eyeglasses, restoring his vision and enabling him to work safely and efficiently once again.

Nakato – Tailor

Nakato, a tailor, was referred to CHCM by a friend who had previously received eye care services. She reported prolonged eye strain and pain, which she had ignored until it became severe. Eye assessment revealed that she had severe myopia. Following assessment and counselling, Nakato received appropriate support that improved her visual comfort and ability to continue her livelihood.



Challenges encountered

- **Weather-related disruptions:** Unpredictable and heavy rainfall affected the timing and continuity of some outreach activities, particularly during peak rainy seasons.
- **Limited equipment:** Inadequate eye care equipment constrained the ability to provide comprehensive eye care services to all informal sector workers reached.
- **Community misconceptions:** Persistent misconceptions and stigma surrounding the use of eyeglasses reduced uptake and consistent use of corrective eyewear among some beneficiaries.

Lessons Learned

- Integration of non-communicable disease (NCD) screening with eye care services is critical, as conditions such as hypertension and diabetes contribute significantly to vision deterioration. During implementation, 34 individuals were identified with hypertension or diabetes linked to visual impairment.
- Stigma and misconceptions surrounding eyeglasses continue to deter utilisation, with some community members associating eyeglasses with old age, ultimately worsening vision outcomes.
- There is a need for stronger advocacy for mandatory eye screening for drivers. Approximately 15% of drivers screened were found to have refractive errors but were neither previously screened nor using corrective eyewear.
- Low utilisation of protective gear, particularly eye and noise protection, was observed among carpenters, contributing to preventable occupational eye injuries.
- Maternal and child health is important in ensuring that we have a health community and babies.

Partnerships

During 2025, CHCM collaborated with a range of partners including Seva Foundation , Uganda Peoples Defense Force, Grantley Consultants, GAF Eye Health, Dot Glasses, Know the Glow, Viva Optics, Alpha Optics, Universal Kingdom of God's Kingdom Church, local leaders, Uganda Professional Drivers Network, and UTOF. These partnerships strengthened outreach, service delivery, and access to specialized expertise, particularly in expanding eye health services among informal sector workers.

Future Plans and Commitments

CHCM remains committed to serving underserved communities and strengthening integrated community health services. Key priorities for the coming period include:

- Advocacy for mandatory eye health screening, particularly for drivers and high-risk occupations
- Promotion of consistent use of protective gear among carpenters and other informal sector workers
- Strengthening maternal mental health screening, referral, and support systems
- We hope to open up a fully equipped vision center.

Summary of the Financial statement, 2025

COMMUNITY HOLISTIC CARE MULAGO DETAILED STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31st DECEMBER, 2025

	SHC	2025 U.SHS	2024 U.SHS
RECIEPTS:	A		
GRANTS			
The Seva Foundation grant		22,176,600	-
Income from sale of glasses		816,500	-
Subscription of members		300,000	260,000
Contributions of members and community		7,120,000	6,690,000
TOTAL RECEIPTS		30,413,100	6,950,000
LESS: EXPENDITURE			
PROGRAMMES COSTS	B		
HIV/AIDS awareness & education:			
Health counselling and testing		1,120,000	1,380,000
Co-ordination		180,000	52,000
Community dialogue meeting		16,000	18,000
Hard to mobilize		647,000	718,000
Film shows		42,000	31,000
Meeting commercial sex workers		62,000	57,000
Forming anti AIDS clubs		32,000	29,000
Sports gala		110,000	97,000
Expert clients' meeting		73,000	59,000
Couple fellowship meeting		44,000	28,000
		2,326,000	2,469,000
Eye Care Services:			
Meetings and Coordination		2,282,000	-
Procurements		12,852,500	-
Community Mobilisation and Sensitization		400,000	-
Outreaches		3,970,000	-
Clinic Based Care		800,000	-
Hospital Based Eye Surgeries		259,000	-
Monitoring and Evaluation		270,000	-
Administrative / Indirect Costs		1,392,000	-
		22,225,500	-
Literacy for youth:			
Transport		450,000	380,000
Stationery		179,000	227,000
Scholastic materials		387,800	356,000

Training	305,000	359,000
Venue	120,000	106,000
Refreshments	64,500	83,000
	1,506,300	1,511,000
Screening for postpartum depression:		
Stationery	165,000	280,000
Transport	78,400	59,000
Refreshments	41,500	36,000
	284,900	375,000
	26,342,700	4,355,000
ADMINISTRATION COSTS	C	
Salaries & Wages	320,000	365,000
Audit fees	500,000	500,000
Utilities	11,400	27,200
Transport	395,000	35,700
Medical Expenses	-	9,600
Telephone, Postage & Internet	62,000	59,000
Depreciation	1,016,220	343,422
Stationery and Printing	41,200	14,000
Rent	1,200,000	1,200,000
	3,545,820	2,553,922
FINANCIAL COSTS	D	
Bank Charges & Other financial costs	148,642	15,662
	148,642	15,662
TOTAL EXPENDITURE	30,037,162	6,924,584
EXCESS OF RECEIPTS OVER EXPENDITURE	375,938	25,416

Special thank you to Seva Foundation.